

Zen Heart Sangha

Issue 27

Spring/Summer 2017 Newsletter

Special Upcoming Events

2016 Meditation Schedule

- May 15: Rev. Les Kaye (Kannon Do), Guest Speaker
May 22: Kathleen D., Guest Speaker
May 29: NO MEETING (Memorial Day)
Jun. 3: NO MEETING
Jun. 26: Diane C. & Wing N., Guest Speakers
Jul. 3: NO MEETING (Independence Day)
Jul. 10: Bodhisattva Ceremony
Jul. 17: Rev. Diane Rizzetto, Guest Speaker
Aug. 5: Modified Program (at Jill K.'s house)
Aug. 21: Guest Speaker (TBA)
Sep. 4: NO MEETING (Labor Day)
Sep. 25: Bodhisattva Ceremony
Oct. 30: Segaki (Hungry Ghosts) Ceremony
Dec. 2: NO MEETING

Retreats

- Oct. 6–8: Fall Retreat (location TBD)

Dharma School Dates (Coming of Age Group)

- May 27
July 22
September 23

Tea Ceremony Lessons

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| May 19 | Sep. 15 |
| Jun. 16 | Oct. 20 |
| Jul. 14 | Nov. 17 |
| Aug. 18 | |

New ZHS Coming of Age Program

Our big news this year is the creation of our first 'Coming of Age' program. Normally, the second Saturday of each month is set aside for Dharma School. This year, however, we have 10 children between the ages of 11 and 14, so it seemed like the right time to have a program to specifically address the dharma practice of wisdom and compassion as it applies to pre-teens and teenagers.

Six full Saturdays have been set aside for this purpose with various programs, including the following:

- an adult-level First Aid/CPR course led by Gulia (they are all now fully certified!);
- doan/kokyo training and studying the precepts with Misha, Lidia, and Kate;
- a trip to San Francisco to the Asian Art Museum completely planned by the kids including where to eat, information about the museum, and using public transportation for the whole trip with Misha and Alisa;
- a tour of the wetlands and an afternoon cleanup at Pescadero Beach as community service led by Kathleen;
- another day with an art project to be decided at a later date;
- and ending with an overnight and mini-precepts ceremony with family and friends.

So far, we are all having a great time and it is particularly delightful to see the bonding among these young people!

Deep Bows, Misha Shungen