

SATURDAY MORNING CHANTS

Morning Robe Chant *(after 1st sitting)*

Dai zai geda puku
Mu so fuku dene
Hi bu nyorai kyo
Ko do sho shu jo. (2x)

Great robe of liberation
Field far beyond form and emptiness
Wearing the Tathagata's teaching
Saving all beings.

Repentance Verses *(Chant after 9 bows in morning)*

All my ancient twisted karma
From beginningless greed, hate and delusion,
Born through body, speech and mind,
I now fully avow. **(3x)**

I take refuge in Buddha
Before all beings **(bow)**
Immersing body and mind deeply in the Way,
Awakening True Mind.

I take refuge in Dharma
Before all beings **(bow)**
Entering deeply the merciful ocean of
Buddha's Way.

I take refuge in Sangha
Before all beings **(bow)**
Bringing harmony to everyone
Free from hindrance.

Meal Verse

(Before meal) We venerate the Three Treasures and give thanks for this food,
the work of many people and the offering of every form of life.

(After meal) May we exist in muddy water with purity like the lotus. Thus we
bow to Buddha.